

Yehuda Handelsman, MD, FACP, FACE, FNLA

Dr. Yehuda Handelsman is the medical director and principal investigator of the Metabolic Institute of America, an endocrinologist in solo private practice in Tarzana, California. He developed and successfully utilizes a comprehensive, multiple interventional approaches to preventing and managing obesity, diabetes, and cardiovascular disease. He has been listed repeatedly in "Top Doctors of Los Angeles", "Southern California Super Doctors" and "Best Doctors of America". Handelsman is the president of the American Association of Clinical Endocrinologists, chair & program director the annual World Congress on Insulin Resistance, Diabetes & Cardiovascular Disease & chair the international committee for insulin resistance. A national and international recognized expert Handelsman has researched, lectured and published extensively on diabetes its comprehensive treatment, Obesity, HTN, Lipids, insulin resistance, metabolic syndromes, pre-diabetes, preventing Kidney and cardiovascular disease; and on, incretins, gut hormones, the gut brain connection and multi-hormonal obesity. He has also consulted and lectured on lipodystrophy, thyroid and osteoporosis. An associate editor of the Journal of Diabetes Handelsman frequently serves as guest editor for multiple publications i.e the "Journal of Clinical Hypertension". A chair of the AACE 2011 diabetes guidelines, he has been chair, member, co-author, and reviewer of many of AACE/ACE guidelines, algorithms, position statements on diabetes, obesity, lipids, he is also a board member of the Pacific Lipid Association.